

World Championships 2012

LADIES FREE SKATING

Planned Program Content

| | |
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| 1 Alisa MIKONSAARI | FIN |
| Coach: Alexei Urmanov, Marina Shirshova | |
| Music: Sheherazade by N. Rimski-Korsakov | |

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|----------|-------------------------------|--------------|--|
| 1: 3Lo | Triple Loop | 9: 2A+2T+2Lo | Double Axel+Double Toeloop+Double Loop |
| 2: 3Lz | Triple Lutz | 10: LSp | Layback Spin |
| 3: 3F+2T | Triple Flip+Double Toeloop | 11: SISt | Straight Line Step Sequence |
| 4: 2A | Double Axel | 12: CCoSp | Change Foot Combination Spin |
| 5: FCSp | Flying Camel Spin | 13: | |
| 6: 3S+2T | Triple Salchow+Double Toeloop | 14: | |
| 7: 3T | Triple Toeloop | 15: | |
| 8: ChSp | Choreo Spirals | 16: | |

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|---------------------------------|------------|
| 2 Polina KOROBEYNIKOVA | RUS |
| Coach: Viktoria Volchkova | |
| Music: Otonal by Raul di Blasio | |

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|-------------|---|-----------|------------------------------|
| 1: 3F+3T | Triple Flip+Triple Toeloop | 9: ChSp | Choreo Spirals |
| 2: 3Lz | Triple Lutz | 10: LSp | Layback Spin |
| 3: 3F | Triple Flip | 11: SISt | Straight Line Step Sequence |
| 4: FSSp | Flying Sit Spin | 12: CCoSp | Change Foot Combination Spin |
| 5: 2A+3T+2T | Double Axel+Triple Toeloop+Double Toeloop | 13: | |
| 6: 3Lo | Triple Loop | 14: | |
| 7: 3S+2T | Triple Salchow+Double Toeloop | 15: | |
| 8: 2A | Double Axel | 16: | |

| | |
|--|------------|
| 3 Romy BÜHLER | SUI |
| Coach: Eva Fehr | |
| Music: The Gypsy Baron by Johann Strauss | |

| | | | |
|----------|-------------------------------|------------|-----------------------------|
| 1: 3Lz | Triple Lutz | 9: 2A+2T | Double Axel+Double Toeloop |
| 2: 3S+2T | Triple Salchow+Double Toeloop | 10: FSSp | Flying Sit Spin |
| 3: 3T | Triple Toeloop | 11: SISt | Straight Line Step Sequence |
| 4: 2A | Double Axel | 12: FCCoSp | Fly. Change Foot Comb. Spin |
| 5: CCoSp | Change Foot Combination Spin | 13: | |
| 6: 3T+2T | Triple Toeloop+Double Toeloop | 14: | |
| 7: ChSp | Choreo Spirals | 15: | |
| 8: 3S | Triple Salchow | 16: | |

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|--|------------|
| 4 Natalia POPOVA | UKR |
| Coach: Galina Zmievskaja, Viktor Petrenko | |
| Music: Sur les ailes du temps by Saint-Preux | |

| | | | |
|--------------|---|-----------|------------------------------|
| 1: 3F+2T | Triple Flip+Double Toeloop | 9: 2A | Double Axel |
| 2: 3Lo | Triple Loop | 10: CCoSp | Change Foot Combination Spin |
| 3: 3T+2T+2Lo | Triple Toeloop+Double Toeloop+Double Loop | 11: SISt | Straight Line Step Sequence |
| 4: FSSp | Flying Sit Spin | 12: LSp | Layback Spin |
| 5: ChSp | Choreo Spirals | 13: | |
| 6: 3T | Triple Toeloop | 14: | |
| 7: 3S+2T | Triple Salchow+Double Toeloop | 15: | |
| 8: 3S | Triple Salchow | 16: | |

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|---|------------|
| 5 Sarah HECKEN | GER |
| Coach: Peter Sczypa | |
| Music: Valse No 10 by Chopin, Piano Fantasy | |

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|--------------|---|-----------|------------------------------|
| 1: 3F | Triple Flip | 9: 2A+2T | Double Axel+Double Toeloop |
| 2: 3S | Triple Salchow | 10: 3Lo | Triple Loop |
| 3: ChSp | Choreo Spirals | 11: SISt | Straight Line Step Sequence |
| 4: 3T+3T | Triple Toeloop+Triple Toeloop | 12: CCoSp | Change Foot Combination Spin |
| 5: FCSp | Flying Camel Spin | 13: | |
| 6: LSp | Layback Spin | 14: | |
| 7: 2A | Double Axel | 15: | |
| 8: 3S+2T+2Lo | Triple Salchow+Double Toeloop+Double Loop | 16: | |

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|---|------------|
| 6 Kerstin FRANK | AUT |
| Coach: Sonja Harand | |
| Music: Soundtrack Selections by Hans Zimmer | |

| | | | |
|-------------|--|-----------|------------------------------|
| 1: 3Lz | Triple Lutz | 9: 2A | Double Axel |
| 2: 3T+2T | Triple Toeloop+Double Toeloop | 10: FCSp | Flying Camel Spin |
| 3: 3S | Triple Salchow | 11: SISt | Straight Line Step Sequence |
| 4: FCCoSp | Fly. Change Foot Comb. Spin | 12: CCoSp | Change Foot Combination Spin |
| 5: ChSp | Choreo Spirals | 13: | |
| 6: 3S+2T+2T | Triple Salchow+Double Toeloop+Double Toeloop | 14: | |
| 7: 3T | Triple Toeloop | 15: | |
| 8: 2A+2T | Double Axel+Double Toeloop | 16: | |

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|--|------------|
| 7 Sonia LAFUENTE | ESP |
| Coach: Ivan Saez, Carolina Sanz | |
| Music: Selection of Music by Michael Nyman | |

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|--------------|--|-----------|------------------------------|
| 1: 3F | Triple Flip | 9: 2A | Double Axel |
| 2: 3Lo+2T | Triple Loop+Double Toeloop | 10: CSp | Camel Spin |
| 3: 3F+2T+2Lo | Triple Flip+Double Toeloop+Double Loop | 11: SISt | Straight Line Step Sequence |
| 4: FCCoSp | Fly. Change Foot Comb. Spin | 12: CCoSp | Change Foot Combination Spin |
| 5: 3Lo | Triple Loop | 13: | |
| 6: 2A+2T | Double Axel+Double Toeloop | 14: | |
| 7: 3T | Triple Toeloop | 15: | |
| 8: ChSp | Choreo Spirals | 16: | |

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|---|------------|
| 8 Juulia TURKKILA | FIN |
| Coach: Tarja Sipilä | |
| Music: Sheherazade by Nikolai Rimski-Korsakov | |

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|--------------|--|-----------|------------------------------|
| 1: 3T+2T | Triple Toeloop+Double Toeloop | 9: 2A | Double Axel |
| 2: 3S+2T | Triple Salchow+Double Toeloop | 10: FCoSp | Fly. Combination Spin |
| 3: 2Lo | Double Loop | 11: SISt | Straight Line Step Sequence |
| 4: 2A+2T+2Lo | Double Axel+Double Toeloop+Double Loop | 12: CCoSp | Change Foot Combination Spin |
| 5: CSp | Camel Spin | 13: | |
| 6: ChSp | Choreo Spirals | 14: | |
| 7: 3S | Triple Salchow | 15: | |
| 8: 3T | Triple Toeloop | 16: | |

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| | |
|---------------------------------------|------------|
| 9 Elena GLEBOVA | EST |
| Coach: Igor Krokavec, Craig Maurizi | |
| Music: Spartacus by Aram Khachaturian | |

| | | | |
|-------------|--|-----------|------------------------------|
| 1: 3Lz | Triple Lutz | 9: 2A | Double Axel |
| 2: 3Lo | Triple Loop | 10: 3T | Triple Toeloop |
| 3: 2A+3T | Double Axel+Triple Toeloop | 11: FSSp | Flying Sit Spin |
| 4: 3S+2T+2T | Triple Salchow+Double Toeloop+Double Toeloop | 12: CCoSp | Change Foot Combination Spin |
| 5: LSp | Layback Spin | 13: | |
| 6: SISt | Straight Line Step Sequence | 14: | |
| 7: ChSp | Choreo Spirals | 15: | |
| 8: 3S+2T | Triple Salchow+Double Toeloop | 16: | |

| | |
|---------------------------------------|------------|
| 10 Amelie LACOSTE | CAN |
| Coach: Nathalie Martin, Sylvie Fullum | |
| Music: Don't Cry For Me Argentina | |

| | | | |
|----------------|-------------------------------------|---------|----------------|
| 1: 3Lo | Triple Loop | 9: ChSp | Choreo Spirals |
| 2: 3Lz+2Lo | Triple Lutz+Double Loop | 10: 2A | Double Axel |
| 3: 3S+2T | Triple Salchow+Double Toeloop | 11: 3S | Triple Salchow |
| 4: CCoSp | Change Foot Combination Spin | 12: LSp | Layback Spin |
| 5: SISt | Straight Line Step Sequence | 13: | |
| 6: 3F | Triple Flip | 14: | |
| 7: 3Lo+2Lo+2Lo | Triple Loop+Double Loop+Double Loop | 15: | |
| 8: FSSp | Flying Sit Spin | 16: | |

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|--------------------------------------|------------|
| 11 Alissa CZISNY | USA |
| Coach: Yuka Sato, Jason Dungjen | |
| Music: Valse Triste by Jean Sibelius | |

| | | | |
|---------------|--|-----------|------------------------------|
| 1: 3Lz | Triple Lutz | 9: 2A | Double Axel |
| 2: 3Lo+2T | Triple Loop+Double Toeloop | 10: CCoSp | Change Foot Combination Spin |
| 3: 3F | Triple Flip | 11: CiSt | Circular Step Sequence |
| 4: ChSp | Choreo Spirals | 12: LSp | Layback Spin |
| 5: FCSp | Flying Camel Spin | 13: | |
| 6: 3T | Triple Toeloop | 14: | |
| 7: 3Lz+2T | Triple Lutz+Double Toeloop | 15: | |
| 8: 3Lo+2T+2Lo | Triple Loop+Double Toeloop+Double Loop | 16: | |

| | |
|------------------------------|------------|
| 12 Yretha SILETE | FRA |
| Coach: Claude Peri-Thevenard | |
| Music: Xotica by R. Dupere | |

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|-------------|---|-----------|------------------------------|
| 1: 2A+3T+2T | Double Axel+Triple Toeloop+Double Toeloop | 9: FCSp | Flying Camel Spin |
| 2: 3Lz | Triple Lutz | 10: 3T | Triple Toeloop |
| 3: 3F | Triple Flip | 11: 2A+2T | Double Axel+Double Toeloop |
| 4: ChSp | Choreo Spirals | 12: CCoSp | Change Foot Combination Spin |
| 5: 3Lo | Triple Loop | 13: | |
| 6: LSp | Layback Spin | 14: | |
| 7: SISt | Straight Line Step Sequence | 15: | |
| 8: 3S+2T | Triple Salchow+Double Toeloop | 16: | |

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|------------------------------------|------------|
| 13 Valentina MARCHEI | ITA |
| Coach: Jason Dungjen, Yuka Sato | |
| Music: Big Bad Voodoo Daddy Medley | |

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|-----------|-------------------------------|-----------|-----------------------------|
| 1: 3Lz+2T | Triple Lutz+Double Toeloop | 9: 2A+2T | Double Axel+Double Toeloop |
| 2: 3F | Triple Flip | 10: 3S | Triple Salchow |
| 3: 3S+2T | Triple Salchow+Double Toeloop | 11: SISt | Straight Line Step Sequence |
| 4: CCoSp | Change Foot Combination Spin | 12: FCSSp | Fly. Change Foot Sit Spin |
| 5: LSp | Layback Spin | 13: | |
| 6: ChSp | Choreo Spirals | 14: | |
| 7: 3Lz | Triple Lutz | 15: | |
| 8: 3T | Triple Toeloop | 16: | |

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|--|------------|
| 14 Kexin ZHANG | CHN |
| Coach: Mingzhu Li, Li Bao, Chengjiang Li | |
| Music: Love the Magician en la cueva | |

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|-----------|-------------------------------|--------------|---|
| 1: 3T+3T | Triple Toeloop+Triple Toeloop | 9: 3S+2T+2Lo | Triple Salchow+Double Toeloop+Double Loop |
| 2: 3Lz+2T | Triple Lutz+Double Toeloop | 10: 2A | Double Axel |
| 3: 3Lz | Triple Lutz | 11: SISt | Straight Line Step Sequence |
| 4: FCSp | Flying Camel Spin | 12: CCoSp | Change Foot Combination Spin |
| 5: ChSp | Choreo Spirals | 13: | |
| 6: 3F | Triple Flip | 14: | |
| 7: 3Lo | Triple Loop | 15: | |
| 8: LSp | Layback Spin | 16: | |

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|--|------------|
| 15 Jenna MCCORKELL | GBR |
| Coach: Simon Briggs | |
| Music: Where Have All The Flowers Gone | |

| | | | |
|-------------|---|--------------|--------------------------------|
| 1: 3Lz | Triple Lutz | 9: 3T+2A+SEQ | Triple Toeloop+Double Axel+SEQ |
| 2: 3F | Triple Flip | 10: CCoSp | Change Foot Combination Spin |
| 3: 3T+2T | Triple Toeloop+Double Toeloop | 11: SISt | Straight Line Step Sequence |
| 4: LSp | Layback Spin | 12: FSSp | Flying Sit Spin |
| 5: ChSp | Choreo Spirals | 13: | |
| 6: 3S | Triple Salchow | 14: | |
| 7: 3Lo | Triple Loop | 15: | |
| 8: 2A+2T+2T | Double Axel+Double Toeloop+Double Toeloop | 16: | |

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|---|------------|
| 16 Elene GEDEVANISHVILI | GEO |
| Coach: Brian Orser | |
| Music: Phantom of the Opera by A. L. Webber | |

| | | | |
|-------------|--|------------|------------------------------|
| 1: 3Lz+2T | Triple Lutz+Double Toeloop | 9: 3T | Triple Toeloop |
| 2: 3Lz | Triple Lutz | 10: CCoSp | Change Foot Combination Spin |
| 3: 2A+2T | Double Axel+Double Toeloop | 11: SISt | Straight Line Step Sequence |
| 4: 3S | Triple Salchow | 12: FCCoSp | Fly. Change Foot Comb. Spin |
| 5: FSSp | Flying Sit Spin | 13: | |
| 6: 3Lo | Triple Loop | 14: | |
| 7: 3T+2T+2T | Triple Toeloop+Double Toeloop+Double Toeloop | 15: | |
| 8: ChSp | Choreo Spirals | 16: | |

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Planned Program Content

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|---|------------|
| 17 Viktoria HELGESSON | SWE |
| Coach: Regina Jensen, Christina Helgesson | |
| Music: Sunset Boulevard | |

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|--------------|---|----------------|------------------------------|
| 1: 3F | Triple Flip | 9: CCoSp | Change Foot Combination Spin |
| 2: 3Lz | Triple Lutz | 10: 3Lo+2A+SEQ | Triple Loop+Double Axel+SEQ |
| 3: 3Lo | Triple Loop | 11: 3S | Triple Salchow |
| 4: CiSt | Circular Step Sequence | 12: FSSp | Flying Sit Spin |
| 5: CSp | Camel Spin | 13: | |
| 6: 3T+2T+2Lo | Triple Toeloop+Double Toeloop+Double Loop | 14: | |
| 7: ChSp | Choreo Spirals | 15: | |
| 8: 2A+2T | Double Axel+Double Toeloop | 16: | |

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|---|------------|
| 18 Ashley WAGNER | USA |
| Coach: John Nicks | |
| Music: Black Swan (soundtrack) by Clint Mansell | |

| | | | |
|----------|----------------------------|--------------|---|
| 1: 3F+2T | Triple Flip+Double Toeloop | 9: 3Lo+2T+2T | Triple Loop+Double Toeloop+Double Toeloop |
| 2: 2A+3T | Double Axel+Triple Toeloop | 10: 3F | Triple Flip |
| 3: 3Lz | Triple Lutz | 11: SiSt | Straight Line Step Sequence |
| 4: FSSp | Flying Sit Spin | 12: CCoSp | Change Foot Combination Spin |
| 5: ChSp | Choreo Spirals | 13: | |
| 6: LSp | Layback Spin | 14: | |
| 7: 3Lo | Triple Loop | 15: | |
| 8: 3S | Triple Salchow | 16: | |

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|--|------------|
| 19 Alena LEONOVA | RUS |
| Coach: Nikolai Morozov, Alla Piatova | |
| Music: Adagio for Strings, Requiem for a Tower | |

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|-------------|--|-----------|------------------------------|
| 1: 3T+3T | Triple Toeloop+Triple Toeloop | 9: 2A | Double Axel |
| 2: 3Lo | Triple Loop | 10: FSSp | Flying Sit Spin |
| 3: 3Lz | Triple Lutz | 11: SiSt | Straight Line Step Sequence |
| 4: CCoSp | Change Foot Camel Spin | 12: CCoSp | Change Foot Combination Spin |
| 5: 3F+2T | Triple Flip+Double Toeloop | 13: | |
| 6: ChSp | Choreo Spirals | 14: | |
| 7: 3S+2T+2T | Triple Salchow+Double Toeloop+Double Toeloop | 15: | |
| 8: 3F | Triple Flip | 16: | |

| | |
|-----------------------------------|------------|
| 20 Mao ASADA | JPN |
| Coach: Nobuo Sato | |
| Music: Liebestraum by Franz Liszt | |

| | | | |
|---------------|-------------------------------------|-----------|-----------------------------|
| 1: 3A | Triple Axel | 9: SiSt | Straight Line Step Sequence |
| 2: 3F+2Lo | Triple Flip+Double Loop | 10: 3Lo | Triple Loop |
| 3: 3Lz | Triple Lutz | 11: FCoSp | Fly. Combination Spin |
| 4: CCoSp | Change Foot Combination Spin | 12: ChSp | Choreo Spirals |
| 5: 2A+3T | Double Axel+Triple Toeloop | 13: | |
| 6: 3F+2Lo+2Lo | Triple Flip+Double Loop+Double Loop | 14: | |
| 7: 3S | Triple Salchow | 15: | |
| 8: FSSp | Flying Sit Spin | 16: | |

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Planned Program Content

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|---|------------|
| 21 Kanako MURAKAMI | JPN |
| Coach: Machiko Yamada, Mihoko Higuchi | |
| Music: Violin Concerto by F. Mendelsson | |

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|--------------|-------------------------------|----------------|--|
| 1: 3Lz | Triple Lutz | 9: 2A | Double Axel |
| 2: 3Lo | Triple Loop | 10: SISt | Straight Line Step Sequence |
| 3: 3F | Triple Flip | 11: 3S+2Lo+2Lo | Triple Salchow+Double Loop+Double Loop |
| 4: LSp | Layback Spin | 12: CCoSp | Change Foot Combination Spin |
| 5: FSSp | Flying Sit Spin | 13: | |
| 6: ChSp | Choreo Spirals | 14: | |
| 7: 3T+3T | Triple Toeloop+Triple Toeloop | 15: | |
| 8: 3F+2A+SEQ | Triple Flip+Double Axel+SEQ | 16: | |

| | |
|--|------------|
| 22 Carolina KOSTNER | ITA |
| Coach: Michael Huth | |
| Music: Concerto No. 23 by W. A. Mozart | |

| | | | |
|----------|----------------------------|--------------|---|
| 1: 3Lo | Triple Loop | 9: 3S+2T+2Lo | Triple Salchow+Double Toeloop+Double Loop |
| 2: 3F | Triple Flip | 10: SISt | Straight Line Step Sequence |
| 3: ChSp | Choreo Spirals | 11: FCCoSp | Fly. Change Foot Comb. Spin |
| 4: 2A+3T | Double Axel+Triple Toeloop | 12: CCoSp | Change Foot Combination Spin |
| 5: FCSp | Flying Camel Spin | 13: | |
| 6: 3F+2T | Triple Flip+Double Toeloop | 14: | |
| 7: 2A | Double Axel | 15: | |
| 8: 3S | Triple Salchow | 16: | |

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|---|------------|
| 23 Akiko SUZUKI | JPN |
| Coach: Hiroshi Nagakubo, Yoriko Naruse | |
| Music: Die Fledermaus Ouverture by J. Strauss | |

| | | | |
|----------------|-------------------------------------|------------|-----------------------------|
| 1: 3Lz | Triple Lutz | 9: 3Lo | Triple Loop |
| 2: 2A+3T | Double Axel+Triple Toeloop | 10: 3S | Triple Salchow |
| 3: 3F | Triple Flip | 11: SISt | Straight Line Step Sequence |
| 4: CCoSp | Change Foot Combination Spin | 12: FCCoSp | Fly. Change Foot Comb. Spin |
| 5: FCSp | Flying Camel Spin | 13: | |
| 6: ChSp | Choreo Spirals | 14: | |
| 7: 3Lo+2Lo+2Lo | Triple Loop+Double Loop+Double Loop | 15: | |
| 8: 3Lz+2Lo | Triple Lutz+Double Loop | 16: | |

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|---|------------|
| 24 Ksenia MAKAROVA | RUS |
| Coach: Evgeni Rukavitsin | |
| Music: Diamonds Are a Girl s Best Friends | |

| | | | |
|--------------|---|-----------|------------------------------|
| 1: 3F | Triple Flip | 9: 2A | Double Axel |
| 2: 3T+3T | Triple Toeloop+Triple Toeloop | 10: FSSp | Flying Sit Spin |
| 3: 3Lo | Triple Loop | 11: SISt | Straight Line Step Sequence |
| 4: ChSp | Choreo Spirals | 12: CCoSp | Change Foot Combination Spin |
| 5: LSp | Layback Spin | 13: | |
| 6: 3Lo+2T | Triple Loop+Double Toeloop | 14: | |
| 7: 3S+2T+2Lo | Triple Salchow+Double Toeloop+Double Loop | 15: | |
| 8: 2A | Double Axel | 16: | |

Please Note:

The Planned Program is listed as announced by the skaters/teams and observed during the practice sessions.

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Planned Program Content

Printed: 31.03.2012 11:18:42